



# EXCURSIONS MENU

## 2022-2023





# TYPOLOGIES



- Cycling
- Hiking
- Cultural
- Horseback riding
- Fishing
- Water sports
- Scenic flight



# GENERAL MAP OF THE EXCURSIONS





## EXCURSION / RAFTING RÍO PETROHUÉ [↗](#)

We begin our ride pedaling toward the base of operations in Ensenada. In this adventure we will raft down the Petrohué River, going through class III and IV rapids, in a safe but high-flow river with views of forests, hills, and volcanoes. We begin at the base in Ensenada, where the guides will provide the rafting equipment along with instructions and a safety talk before we leave for the 15-minute trip to the river to begin our descent. On a clear day, you will be able to see the Osorno, Calbuco, Puntiagudo, and Yates Volcanoes. After tackling the 9 rapids over approximately 50 minutes, we finish the tour in the Cable sector to change our clothes and return to the base to enjoy a delicious snack.



### DURATION & DISTANCE

Duration Round Trip → 2 hrs  
Distance Round Trip → 32.5 km  
Elevation Round Trip → 218 m

Duration of activity → 2 hrs  
Total length → 4 hrs

### TYPE OF ROUTE

Bike path

### RECOMMENDED BIKE



Specialized Turbo Vado SL



Sirrus X 2.0

### OVERLOOKS

Mirador Los Riscos 1  
Mirador Bellavista

### ROUTE PROFILE



### STRAVA SEGMENTS

AWA - Onces Bellavista

AWA - Ensenada

# EXCURSION / PETROHUÉ WATERFALLS [↗](#)

We begin our ride by heading east toward the town of Ensenada, located on the bay of the same name, where we will head slightly north to continue toward the Saltos del Petrohué. Along the way, you will see the Osorno Volcano and its lahares, the ashes from the eruption of the Calbuco Volcano in 2015, and the fast-flowing Petrohué River. The Saltos del Petrohué are a set of waterfalls in the river of the same name that drop over volcanic rock formed through a series of eruptions of the Osorno Volcano. In this sector, we will ride two short paths and stop at an overlook for a view of the falls with its stunning emerald color and the river's immeasurable power.

## DURATION & DISTANCE

Duration Round Trip → 3 hrs

Distance Round Trip → 51 km

Elevation Round Trip → 361 m

Duration of activity → 1 hrs

Total length → 4 hrs

## TYPE OF ROUTE

Bike path

## RECOMMENDED BIKE



Specialized Turbo Vado SL



Sirrus X 2.0

## OVERLOOKS

Mirador Los Riscos

Mirador Saltos del Petrohué

Mirador Río Petrohué y volcanes



## ROUTE PROFILE



## STRAVA SEGMENTS

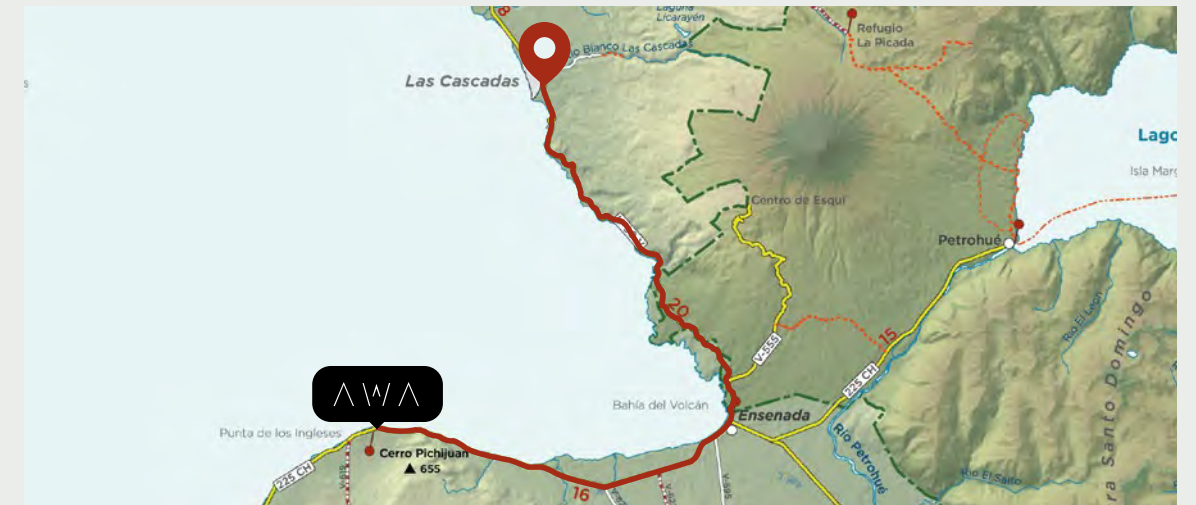
AWA - Nuevo Mirador Petrohué

AWA - Onces Bellavista

AWA - Saltos del Petrohué

## EXCURSION / CASCADAS ZIP LINE ROUND TRIP [↗](#)

We begin our ride heading east toward the town of Ensenada located on the bay of the same name, where we will veer slightly northward and continue on toward Cascadas. We will ride along the edge of the lake to reach the longest zip line in Chile and one of the three longest in South America. It has 14 platforms and 11 cables for a total length of 2,000 meters of pure adrenaline and a sense of flying through forests and amazing landscapes.



### DURATION & DISTANCE

Duration Round Trip → 3 hrs, 30 min

Distance Round Trip → 60 km

Elevation Round Trip → 674 m

Duration of activity → 2 hrs

Total length → 5 hrs, 30 min

### TYPE OF ROUTE

Bike path

### RECOMMENDED BIKE



Specialized Turbo Vado SL



Sirrus X 2.0

### OVERLOOKS

Mirador Los Riscos

Laguna Verde

Miradores Parque Vicente Perez Rosales

### ROUTE PROFILE



### STRAVA SEGMENTS

AWA - Canopy Cascadas

AWA - Onces Bellavista

AWA - Ensenada



## EXCURSION / FUNDO PLAYA VENADO [↗](#)

In this excursion, we begin pedaling toward Puerto Varas, to reach the entrance to Fundo Playa Venado and then head down a short dirt road. At the Fundo Play Venado we will learn about all the daily activities of country life, walk through meadows, visit the sheep, experience aromas, learn about crops grown in the agro-ecological garden, and visit the dairies to learn about making cheeses and the caramel-like dulce de leche.

### DURATION & DISTANCE

Duration Round Trip → 1 hr, 30 min

Distance Round Trip → 23.7 km

Elevation Round Trip → 297 m

Duration of activity → 2 hrs

Total length → 3 hrs, 30 min

### TYPE OF ROUTE

Bike path

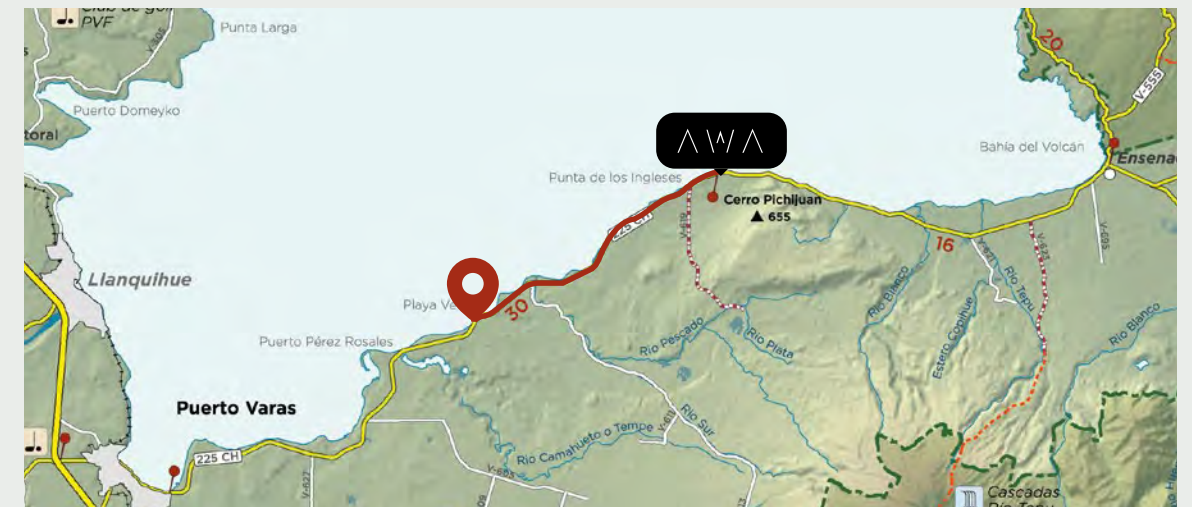
### RECOMMENDED BIKE



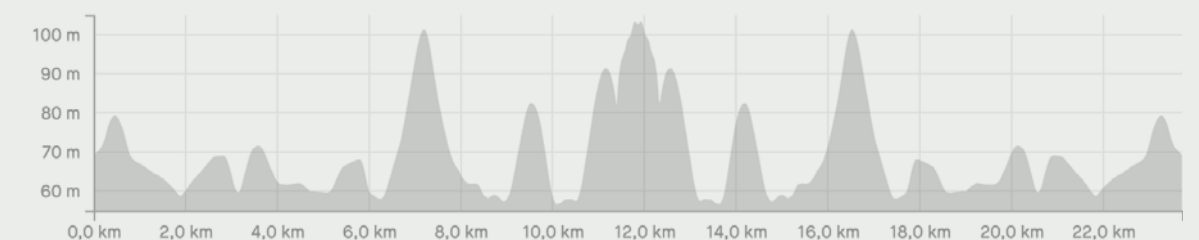
Specialized Turbo Vado SL



Sirrus X 2.0



### ROUTE PROFILE



### STRAVA SEGMENTS

AWA - Pescado River

# EXCURSION / HORSEBACK RIDING IN PUERTO ROSALES [↗](#)

We start this excursion riding toward Puerto Varas to reach the stables in Puerto Rosales, where our guides will meet us, give us a safety chat, and provide all the equipment necessary for the activity. We will learn how to saddle the horses and then start our ride through a forest with native flora and fauna, including trees such as the tepa and canelo and birds such as the chucao and the magellanic woodpecker.

## DURATION & DISTANCE

Duration Round Trip → 2 hrs  
Distance Round Trip → 29 km  
Elevation Round Trip → 386 m

Duration of activity → 2 hrs  
Total length → 4 hrs

## TYPE OF ROUTE

Bike path

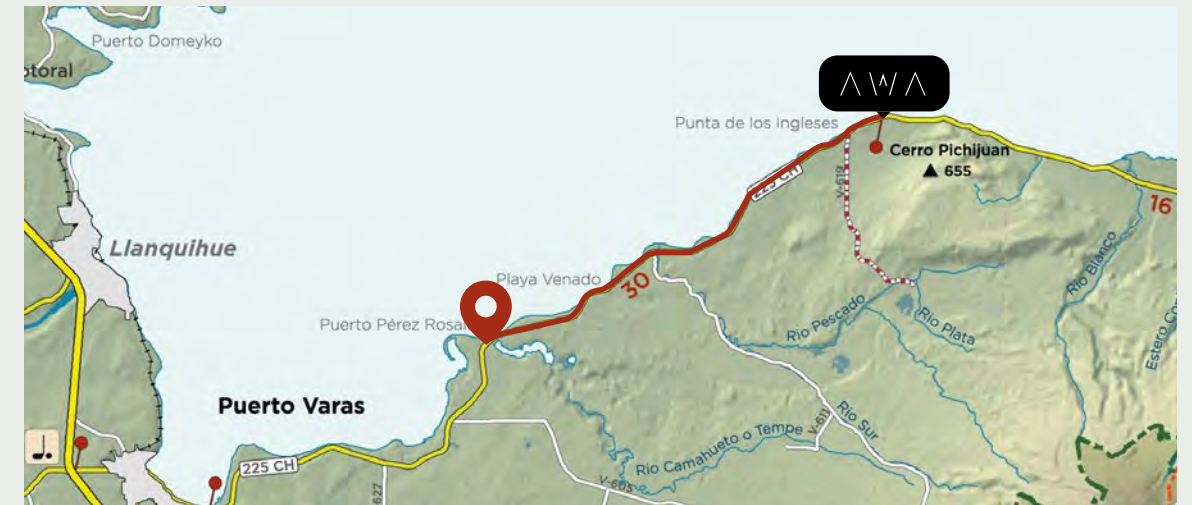
## RECOMMENDED BIKE



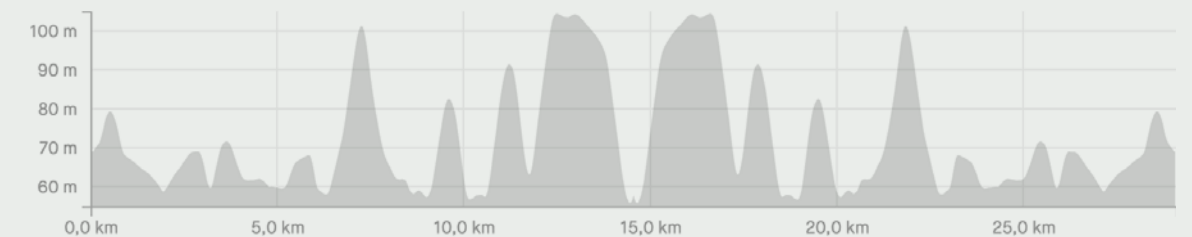
Specialized Turbo Vado SL



Sirrus X 2.0



## ROUTE PROFILE



## STRAVA SEGMENTS

AWA - Pescado River

AWA - La Poza



## EXCURSION / KAYAKING LA POZA [↗](#)

We start our ride heading toward Puerto Varas and then turn toward the sector known as La Poza, where our guides will provide us with gear and a safety talk. We will then kayak through the lagoon, enjoying an activity planned for those who wish to enjoy nature peacefully.

### DURATION & DISTANCE

Duration Round Trip → 2 hrs  
Distance Round Trip → 29 km  
Elevation Round Trip → 386 m

Duration of activity → 2 hrs  
Total length → 4 hrs

### TYPE OF ROUTE

Bike path

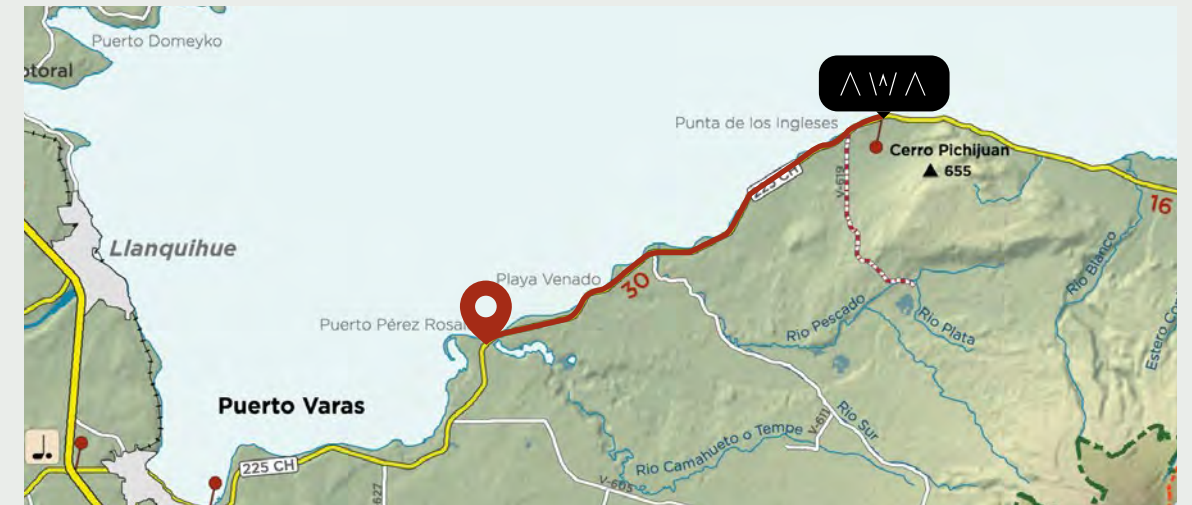
### RECOMMENDED BIKE



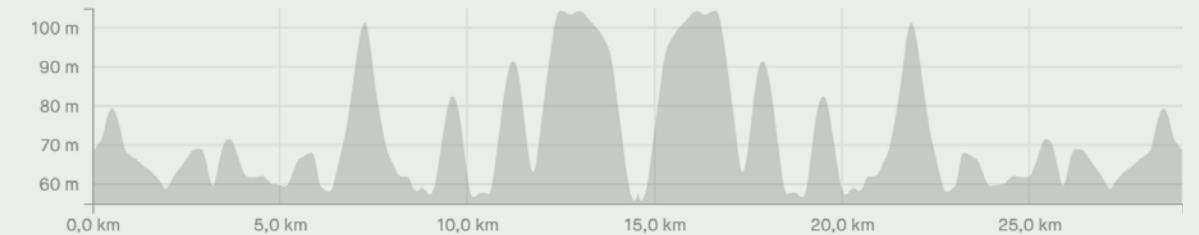
Specialized Turbo Vado SL



Sirrus X 2.0



### ROUTE PROFILE



### STRAVA SEGMENTS

AWA - Pescado River

AWA - La Poza



# EL SOLITARIO TRAIL AND SALTOS DEL PETROHUÉ RIVER

/ VICENTE PÉREZ ROSALES NATIONAL PARK

The El Solitario Trail traverses the southwestern face of the Osorno Volcano through a secondary forest of trees such as coigüe (*Nothofagus dombeyi*), which are endemic to southern Chile. The route is covered with ash from the Calbuco Volcano, and at one point along the trail, the forest crosses the dry bed of an old river that was one of the primary lava flows in the last eruption of the Osorno Volcano in 1834. When the trail ends, we will visit Saltos del Petrohué River, rapids formed after one of the volcano's eruptions.



## HIKING

### TECHNICAL DETAILS

Duration: 4 hrs

Distance by car: 62 km

Distance on foot: 6 km

Physical difficulty: Walk with moderate difficulty.

Optional: by bicycle, high difficulty levels.

### EQUIPMENT INCLUDED

Hiking poles, raincoat, sunscreen, snack, and drinks.

Optional: Bicycle + helmet + gloves.

### RECOMMENDED ATTIRE

Hiking shoes, pants, and shirt. Second and/or third layer depending on the season and weather conditions. Backpack, water bottle, hat for sun or cold, and sunglasses.



# PASO DESOLACIÓN TRAIL

/ VICENTE PÉREZ ROSALES NATIONAL PARK

This hike begins in the northern sector of the park, at one of Chile's first mountain refuges (built in 1933) and the volcano's first ski center. It begins with a 40-minute ascent to the valley between the volcano and Cerro La Picada, where we will enjoy an incredible panoramic view of the basin and the volcanoes adjacent to Lake Todos los Santos. The trail descends to the lake and ends in the Petrohué sector. This hike provides views of the Osorno Volcano's peak and glaciers and is ideal for those who enjoy hiking and photography.



## HIKING

### TECHNICAL DETAILS

Duration: 6-8 hrs

Distance by car: 160 km

Distance on foot: 13 km

Physical difficulty: Walk with high difficulty.

Option 1: Walk with snow shoes in winter, low difficulty.

Option 2: Bicycle, only for experts.

### EQUIPMENT INCLUDED

Hiking poles, raincoat, sunscreen, box lunch, snack, and drinks.

Option 1: Snow shoes + poles.

Option 2: Bicycle + helmet + gloves.

### RECOMMENDED ATTIRE

Hiking shoes, pants, and shirt. Second and/or third layer depending on the season and weather conditions. Backpack, water bottle, hat for sun or cold, and sunglasses.



# ANCIENT ALERCE HIKE

/ ALERCE ANDINO NATIONAL PARK

Traveling along the first part of the Austral Highway, we reach the entrance to the Alerce Andino National Park, founded to protect the alerce (Patagonian cypress, *Fitzroya cupressoides*) forest. These noble trees were once on the brink of extinction due to the high quality of their wood, which was used for building homes and ships. The hike begins on an old logging trail with a gradual ascent to see 3,500-year-old alerce trees. After lunch we conclude the tour at the Chaiquenes Lagoon. The park has a rather unique ecosystem that serves as a habitat for species such as the world's smallest deer, the pudu, the guiña (Chilean cat), and the tiny marsupial called the monito del monte.



## HIKING

### TECHNICAL DETAILS

Duration: 7-9 hrs

Distance by car: 167 km

Distance on foot: 5,5 km

Physical difficulty: Hike with medium difficulty.

Option 1: Triangle Lagoon low difficulty.

### EQUIPMENT INCLUDED

Trekking poles, raincoat, sunscreen, box lunch or lunch, snack, and drinks.

### RECOMMENDED ATTIRE

Hiking shoes, pants, and shirt. Second or third layer, depending on the season and the weather conditions (rain or snow). Backpack, water bottle, hat for sun or cold, and sunglasses.



# LAHUEN ÑADI NATURAL MONUMENT

/ CHAULLÍN ISLAND

The day begins with a visit to the Lahuén Ñadi Natural Monument that consists of 200 hectares of pristine alerce (Patagonian cypress) forest just 15 kilometers from the city of Puerto Montt. We begin the tour with a trail apt for people with disabilities and enter the forest to see a 1,600-year-old tree. We continue on to Calbuco, where we sail for 15 minutes to Chaullín Island for lunch before exploring the island, which is a living display of the zone's history, its customs, and a century-old arrayan (Chilean myrtle) forest.



## CULTURAL

### **TECHNICAL DETAILS**

Duration: 7-9 hrs

Distance by car: 207 km

Distance on foot: 2 km

Physical difficulty: Low

### **EQUIPMENT INCLUDED**

Raincoat, sunscreen, box lunch or typical lunch, snack, and drinks.

### **RECOMMENDED ATTIRE**

Comfortable shoes. Second and/or third layer depending on the season and weather conditions (rains and/or snow). Water bottle, hat for sun or cold, and sunglasses.



# MARKET & FARM TO TABLE

/ CALBUCO - ANGELMÓ MARKETS

The experience begins early in the morning. There is a one hour drive to the market, which may be Angelmó or Calbuco. At the market, our guests get to choose the freshest products from the sea and earth.

Then, back at the hotel, there is a visit to our garden. There we do a short introduction to permaculture, bio-intensive gardens, and our production system. Then, there is harvesting experience, where our guests get to collect fresh products.

Afterward, there is a cooking lesson with the products picked at the garden at AWA's private Villa.



## CULINARY

FULL DAY

### **TECHNICAL DETAILS**

Duration: 6-7 hrs

Distance by car: 150 km

Distance on foot: 1,5 km

Physical difficulty: Walk with low difficulty.

### **EQUIPMENT INCLUDED**

All the implements for the harvesting and cooking.

### **RECOMMENDED ATTIRE**

Comfortable shoes.



# FARM TO TABLE

/ AWA'S ORGANIC GARDEN

The experience begins at mid-morning, with a short walk to AWA's organic garden, located just 500 meters away from the hotel. The path goes by the photovoltaic plant, one of the largest in Patagonia. At the garden, we do a short introduction to permaculture, bio-intensive gardens, and our production system.

Then, there is harvesting experience, where our guests get to collect fresh products.

Afterward, there is a cooking lesson with the products picked at the garden at AWA's private Villa.



## CULINARY

HALF DAY

### **TECHNICAL DETAILS**

Duration: 3-4 hrs

Distance on foot: 1 km

Physical difficulty: Walk with low difficulty.

Cooking lesson at AWA's Villa or at AWA's Restaurant.

### **EQUIPMENT INCLUDED**

All the implements for the harvesting and cooking.

### **RECOMMENDED ATTIRE**

Comfortable shoes.



# RAFTING

/ PETROHUÉ RIVER

This activity begins at the base in Ensenada, where the guides will provide equipment and instructions for the river along with a safety talk. We head toward the Petrohué River, where the guides will divide the groups and give the final instructions before we get into the rafts and begin our 50-minute descent with class 3 rapids (5 is the most difficult). We end in the Cable sector, where we change our clothes and enjoy a snack.



WATER

SPORTS

## TECHNICAL DETAILS

Duration: 4-5 hrs

Distance by car: 60 km

Km on the water: 8 km

Option 1: River kayaking for experts.

Option 2: Double duckie.

Physical difficulty : High intensity physical activity.

## EQUIPMENT INCLUDED

Wet suit and boots, helmet, oars, towel, sunscreen, snack, and drinks.

## RECOMMENDED ATTIRE

Comfortable, warm cloths to put on after leaving the water.



# KAYAKING EXCURSION

/ RELONCAVÍ ESTUARY

This excursion begins at the base in Ensenada, where the guides will provide equipment and instructions for the river along with a safety talk. We head toward Ralún, where we begin paddling from the mouth of the Petrohué River, heading toward Cochamó. This activity takes place in seawater, although in an area protected from large waves and tidal swells, accompanied by a mountain setting, making this an experience that is both safe and stunning. We stop at Señora Yolanda's for lunch and then continue by kayak to Cochamó, where the excursion concludes.



## WATER

## SPORTS

### **TECHNICAL DETAILS**

Duration: 8-9 hrs  
Distance by car: 110 km  
Km in kayak: 15 km  
Physical difficulty: Medium intensity physical activity.

### **EQUIPMENT INCLUDED**

Wet suit and boots, life jacket, towel, lunch, snack, and drinks.

### **RECOMMENDED ATTIRE**

Comfortable, warm cloths to put on after leaving the water.



# HORSEBACK RIDING

/ LAS TRANQUERAS

We begin with a 20-minute drive toward Puerto Varas to the stables at Condominio Las Tranqueras. We are greeted by Gustavo, who will give us safety instructions and provide us with the necessary safety equipment. We will ride through a forest with native flora and fauna, smells such as the tepa tree (*Laureliopsis philippiana*) and sounds such as woodpeckers knocking on trees in search of food. Another option is to ride through the forest in a horse-drawn cart, which is particularly appropriate for children and people with mobility problems.



## HORSEBACK RIDING

### **TECHNICAL DETAILS**

Duration: 4 hrs  
Distance by car: 42 km  
Time on horseback: 2 hrs  
Option 1: Horseback riding.  
Physical difficulty: Low intensity physical activity.

### **EQUIPMENT INCLUDED**

Helmet, gaiters, rain poncho, drinks, and snack.

### **RECOMMENDED ATTIRE**

Long pants, second or third layer depending on the weather conditions, and hat for sun cold.



# FLY FISHING

/ PETROHUÉ - MAULLÍN - PUELO - RAHUE RIVERS

Fly fishing in different rivers in the area. The Petrohué River is closest to the hotel and is ideal for trout and salmon (Chinook in March and April) fishing. We ride the river in a cataraft or fishing boat for 2 plus the guide. River fishing consists of 2 half-day sessions with a break to enjoy a box lunch on the riverbank in a wonderful setting of mountains and forests—an ideal panorama, not only for fishing enthusiasts, but also for anyone who enjoys nature.



## FISHING

### **TECHNICAL DETAILS**

Duration: 7-8 hrs

Distance by car: 88 km

Time fishing: 5-6 hrs

Option 1: Maullín River.

Option 2: Puelo River.

Option 3: Rahue River.

Physical difficulty: Low-intensity physical activity.

### **EQUIPMENT INCLUDED**

Fishing license, rod, reel, line, and flies.  
Country lunch, drinks, and snack.

### **RECOMMENDED ATTIRE**

Optional, waders and wading shoes.  
Pants, shirt, jacket, and hat for fishing.



# SCENIC FLIGHT - HELICOPTER

/ RELONCAVÍ ESTUARY AND PUELO RIVER VALLEY

The flight begins at AWA, taking off from the Llanquihue Lake towards the Osorno Volcano.

We enter through the estuary, passing by the sea lion colonies, alerce (Patagonian cypress: *Fitzroya cupressoides*) forests, and surrounded by the mountains that line the estuary. When the estuary ends, we continue along Ralún and the banks of the Petrohué River until we come to Lake Llanquihue and then continue along its southern bank toward the city of Puerto Varas. After flying over the city, we continue following the course of the Maullín River, and then end the flight next to our organic garden.



SCENIC  
FLIGHT  
SEAPLANE

Price

2.000 USD

## TECHNICAL DETAILS

Duration: 45 min

Km in flight: 150 km

Helicopter Model: Eurocopter AS350 B3

Capacity: 4 pax + guide

## RECOMMENDED ATTIRE

Comfortable shoes. Second and/or third layer depending on the season and weather conditions (rains and/or snow). Water bottle, hat for sun or cold, and sunglasses.



# EXCURSION FLIGHT - HELICOPTER

/ RELONCAVÍ ESTUARY AND PUELO RIVER VALLEY

The excursion starts at AWA and heads east towards Osorno Volcano. The ride snails through hidden valleys within the Andes with views to pristine turquoise lakes and ancient forests.

The goal is Cochamó, Chilean Mecca for rock climbing and also known for its similarity to Yosemite, but not as accessible, nor as crowded. The helicopter lands at a spectacular viewpoint within the granite mountains, where the passengers go for a short hike while our guides prepare lunch. After lunch, the ride flights back to AWA passing over Calbuco Volcano, overlooking the traces from 2015 eruption and the crater from the active mountain.



## SCENIC

## FLIGHT

### Price

1 or 2 pax: 2.400 USD

3 pax: 2.500 USD

4 pax: 3.600 USD

## **TECHNICAL DETAILS**

Duration: 5-6 hrs

Flight duration: 1,5 hrs

Km in flight: 200 km

Helicopter Model: Eurocopter AS350 B3.

Capacity: 4 pax + guide.

Physical difficulty: Walk with medium difficulty.

## **EQUIPMENT INCLUDED**

Hiking poles, sunscreen, box lunch or lunch, snack, and drinks.

Premium box lunch + Almaviva wine.

## **RECOMMENDED ATTIRE**

Comfortable shoes. Second and/or third layer depending on the season and weather conditions (rains and/or snow). Water bottle, hat for sun or cold, and sunglasses.





PUERTO VARAS / HOTEL



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